

Ideas for small plates



Glazed salmon and bok choy
Thai chilli relish



Witloof, blue cheese and walnuts
Pear and fig chutney



Walnut stuffed eggplant rolls
Sundried tomato and Kalamata olive chutney



Daikon, lettuce and lamb rolls
Beetroot relish



Cos boats
Green tomato and jalapeno chutney



Ribs 'n' pea sprouts
Thai chilli relish



Red cabbage with fruity mince
Capsicum and apricot chutney



Stuffed eggs
Malay curry sauce



Lettuce and duck parcels
Mango and peach chutney



Stuffed tomatoes
Spicy eggplant pickle



Spinach, watercress and duck
Capsicum and apricot chutney



Crusted lamb cutlets and chilli kumara
Pear and fig chutney



Lemony roast potatoes
Lemon curd



Potato and spinach curry
Malay curry sauce



Roasted eggplant, corn and pomegranate
Spicy eggplant pickle



Glazed parsnips
Sage and onion marmalade



Tomato and bocconcini
Sundried tomato and Kalamata olive chutney



Mini frittatas
Chow chow pickle

For these recipes and more tasty ideas visit



vegetables.co.nz

